SHR IPL Skin Procedures

SHR (SHR/SSR)

Procedure	Handle	Energy (J/cm2)	Frequency (Hz)	Pulsh Width (ms)	Duration	Number of sessions	Interval between 2 treatments
hair removel dark skin&thick hair	SHR	6 10	2 – 3	5 – 7	3 4	4 - 6 times	28 days
hair removel light skin&fine hair	SHR	8 13	3 – 4	5 – 7	3 4	4 - 6 times	28 days
skin rejuvenation	SSR	8 11	2 – 3	5	2 3	3 - 5 times	21 days

IPL (HR/SR)

Procedure	Handle	Energy (J/cm2)	Speed	Pulse	Duration	Number of sessions	Interval between 2 treatments
hair removel dark skin&thick hair	HR	13 15	1 2	3	3 4	4 - 6 times	28 days
hair removel light skin&fine hair	HR	15 23	1 2	3	3 4	4 - 6 times	28 days
skin rejuvenation	SR	dark skin 8-13 white skin 13-18	1 2	3	2-3	3 - 5 times	21 days
pigment removal freckle acne vascular	SR	dark skin 9-15 white skin 14-19	1 2	3	2 3	3 - 5 times	21 days

E-light (EHR / ESR)

Procedure	Handle	IPL (J/cm2)	Speed	Pulse	Duration	Number of sessions	Interval between 2 treatments
hair removel dark skin&thick hair	EHR	13 15	1 – 2	3	3 4	4 - 6 times	28 days
hair removel light skin&fine hair	EHR	15 23	1 – 2	3	3 4	4 - 6 times	28 days
skin rejuvenation	ESR	dark skin 8-13 white skin 13-18	1 2	3	3 4	3 - 5 times	21 days
pigment removal freckle	ESR	dark skin 9-15 white skin 14-19	1 2	3	2 3	3 - 5 times	21 days

RF energy,we advice try from 10 for body, try from 8 for face. Increase little by little according to patients feeling. The best situation is patients feel warm, but not too hot.

Six different filters

- 430nm: Acne
- 530nm: Skin resurfacing ;pigmented lesions
- 560nm: Wrinkle; vascular lesions
- 640nm: Light skin color fine hair removal
- 690nm: Brown skin color hair removal
- 755nm: Dark skin color hair removal

Treatment Notice

Before treatment

- Fully communicate with customers, understand their needs, physical conditions (whether) there are injections, whether skin care products containing hormones are used, whether they have been exposed to the sun recently), take photos, and fill in customer information files.
- Check whether the instrument is working properly and clean the lens before treatment.

Explain the feelings during treatment.

In treatment

- Apply the gel to the operation area, the gel needs to be spread evenly.
- Both operators and customers need to wear glasses.
- The light outlet of the treatment handle is gently attached to the skin, and always keeps it vertical to the skin (tilting can easily cause energy to concentrate on the epidermis, which is easy to burn.)
- Choose sliding or fixed-point treatment according to the area and treatment items (sliding treatment is recommended for large-area hair removal and small-area hair removal, skin rejuvenation, freckle and acne removal, red blood is recommended for fixed-point treatment.)
- During the operation, always pay attention to the skin reaction of the guests, and adjust the treatment parameters in time.

Quire about the client's feelings during the treatment process and communicate in time.

After treatment

- Apply repair products to repair in time.
- Explain the precautions after treatment and make an appointment for the next treatment time.
- Turn off the instrument and record the parameters used by the guests.